

NUTRITION INFORMATION		
Servings per package: 4		
Serving size: 45 g		
	Avg Quantity per Serving	Avg Quantity per 100 g
Energy	955 kJ 228 Cal	2120 kJ 507 Cal
Protein	8 g	18 g
- gluten	0 g	0 g
Fat, total	16 g	36 g
- saturated	9 g	21 g
Carbohydrate	11 g	24 g
- sugars	3 g	7 g
Dietary Fibre	7 g	15 g
- polydextrose	4 g	9 g
Sodium	64 mg	143 mg

Ingredients: Coconut Oil, Gluten Free Flour [Maize Cornflour, Rice Flour, Corn Starch], **Almond** Flour, Seeds (13%) [Sunflower, Pumpkin, Organic Flaxseed], Sweeteners [Polydextrose, Monk Fruit Extract], Pea Protein, Hemp Heart Protein, Coconut Flour, Berries (1.5%) [Blueberry, Blackberry, Blackcurrant], Sugar, Organic Coconut Sugar, Raising Agents (500, 336), Natural Flavour, Natural Tea Extract.

Contains Almonds.

Baked in a plant that handles other Tree Nuts, Peanuts, Soy.